



## Echo Detachment 502d Personnel Services Battalion 4th Infantry Division (Mechanized)



Volume I, Issue IV

## Echo Family Readiness Group Official Newsletter



#### Commander's Corner

A Power of Attorney (POA) is a document that allows a person you designate as the legal authority to act on your behalf when you are unavailable. Upon mobilization you may not be able to manage your own affairs and you may need to appoint someone else to act for you. When determining whether you will need a power of attorney, consider the following:

There are two primary types of Powers of Attorney -

General: The individual you name can act in all matters. A general POA gives your designated representative the authority to conduct any transaction on your behalf.

Limited/Special: The individual you name can act only on specific matters. A limited or special POA grants your representative the right to act on your behalf for a specific transaction.

A POA is a legal document that needs to be taken very seriously. The person you grant a Power of Attorney should be reliable, trustworthy, competent, capable, and one who would make decisions similar to the ones you would make. Please make sure you seek the proper legal assistance before deciding your course of action.

> Thank you, CPT Gerald Galan



#### FRG Leader's Corner

Thanks to all who attended our last FRG meeting. CPT Fuller from JAG was our quest speaker, his brief was very informative and useful. I hope that before the upcoming deployment you all get a chance to visit the legal assistance office for power of attorney's, wills or anything else that might be helpful to the spouses that will be staying here.

We are still discussing some ideas for fundraisers. Mrs. Licon works at the bank and has put our detachment on the list to conduct a fundraiser at the bank. We would appreciate anyone who wants to volunteer.

May 13th will be our Battalion hail and farewell, I look forward to seeing everybody there.

I would like to personally thank SGT Boswell and PV2 Jackson for volunteering their time and effort to taking care of our children during the FRG meetings. It is greatly appreciated.

> Thank you, Sabina Galan

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## ECHO OUTLAW >



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Sergeants Time Training (STT)

#### Convoy Operations

In order to ensure the operational readiness of Echo Detachment we must constantly train for the "What For Convoy Operations to proceed smoothly and to insure that all required tasks are completed, responsibilities and procedures are standardized to the maximum extent possible and reflected in the Standing Operating Battalion Procedures (SOPs). Tactical movements require prior coordination's in order to ensure the safety of our soldiers. The use of convoys by the combat service support element (CSSE) has become standard, so we must constantly train and prepare our soldiers. Here are some pictures of our soldiers performing their job.





Sergeants Time Training (STT) Cont'd











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## Family Highlights

#### Birthday Announcements:

Rakeeb Akbar	4 MAY
Jose Ramirez Jr.	6 MAY
CW2 Frittz	8 MAY
Dahleah Moore	9 MAY
Konelio Fennene Jr.	14 MAY
Andre Boyd	23 MAY
Sabina <i>G</i> alan	27 MAY
SPC Valenzuela	30 MAY

#### · Anniversaries:

SGT & Mrs. Garcia	23 MAY
SPC & Mrs. Licon	24 MAY
CPT & Mrs Galan	29 MAY

#### Miscellaneous

Tribute to Our Heroes Welcome Home Celebration Is scheduled for 13 May 2005

The day's festivities include: 6 a.m. - Fishin' for Freedom Bass Tournament at Belton Lake Outdoor Recreation Area. Free entry. Limited to the first 500 boats. 5000 for 1 st place, \$1,000 for 2nd place, and \$500 for third. All entrants must contact Texas Boat World by May 7.

8 a.m. - Welcome Home Golf Tournament at Clear Creek. Free entry. Over \$3,000 in gift certificates and prizes will be awarded. Open to all active duty participants.

9 a.m. - 5k Run, starting at the 13th COSCOM Gym.

12 p.m. - Complimentary carnival rides are fired up to entertain early birds avoiding the huge influx of guests coming on post before the opening ceremony.

3 p.m. - Colorful opening ceremony and quality entertainment until midnight.



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## Soldier Highlights

Congratulations to the following soldiers:

SPC Garcia for becoming an Naturalized US Citizen and making the cut-off score to E-5. Great job!

SPC Callozo on his recent graduation from Primary Leadership Development Course (PLDC) and making the cut-off score to E-5. Great job!

SPC Licon, Davis & Copeland on their recent victory at the promotion board. Great Job!

 ECHO Soldiers Re-Enlist and stay Army! None this month!

#### · Hails!

We would like to take this opportunity and hail the following soldiers:

SGT Clark & her son Jaylen

PFC Torres, his wife Christina & son Erick

PFC Arrequin, her husband Jose & daughter Natalie

#### · Farewells!

With a heavy heart we wish the following families farewell as they move on from Echo Detachment, 502d PSB.

SGT Wilson — Retiring

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#### Recipe of the Month

#### **FAJITAS**

## Ingredients:

1 1/2 lbs beef skirt steak, cut in strips

6 garlic cloves, chopped

juice of 1 lime

large pinch of mild chili powder & paprika & cumin

1-2 Tbsp extra virgin olive oil

12 flour tortillas

vegetable oil (for frying) salt & pepper to taste

Directions:

Combine beef with 1/2 the garlic cloves, 1/2 the lime juice, chili powder, paprika, cumin and olive oil. Add salt & pepper. Mix well & marinate for at least 30 minutes at room temperature or overnight, sealed & refrigerated.

Cut meat into bite size strips and grill in 1 Tbsp oil in large skillet over high to medium high heat until browned & cooked through.

Serve with pico de gallo, sour cream, guacamole & cheese.

Prep Time: 20 minutes Cook Time: 25 minutes Yield: 6 to 8 servings

## Scheduled Events

4 MAY	FRG Meeting
6 MAY	Land Navigation
13 MAY	Convoy Operations &
	Risk Management

20 MAY EST Training
19 MAY HHD CofC
23-26 MAY BN FTX

27 MAY Training Holiday 30 MAY Memorial Day

3 JUN CTT

8 JUN FRG Meeting 9 JUN BN CofC

10 JUN DCIPS (Forward)
17 JUN Training Holiday

24 JUN TBD 30 JUN TBD

For more information pertaining to "What's Happening" at Fort Hood, go to http://www.hoodmwr.com/acs/index.html



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## Detachment Field Training Exercise (FTX)

A Field Training Exercise (FTX) is a highcost, high-overhead exercise where the entire detachment and its supporting elements deploy to field locations to conduct tactical operations under simulated conditions combat Typically, subordinate and supporting units of the battalion may participate in an FTX while battalion headquarters and staff elements simultaneously participate in a CPX mode. The intent of our FTX was to safely validate individual and collective skill proficiency in preparation for the Battalion Convoy Live Fire Exercise using realistic scenarios based on urban and guerrilla My end state was to warfare tactics. successfully validate soldier individual and collective tasks at the crawl stage and to ensure the detachment's readiness for the walk and run phases of the Battalion Convoy Live Fire. This also enables me to assess my detachment's deployable level and plan for any additional training needed in order to increase the Forward Area Support Teams Operational Readiness. Echo soldiers did an outstanding job and you' all should be proud of them!





## Detachment FTX Cont'd





